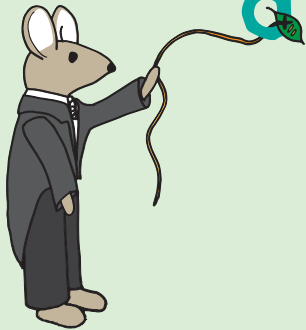
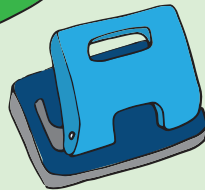
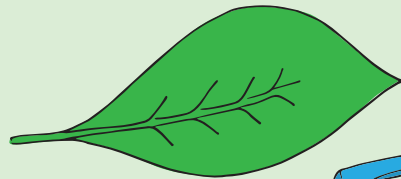


MAK**e** a leaf embroidery

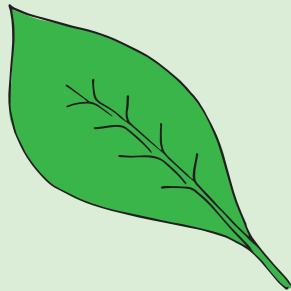


Make a leaf embroidery.

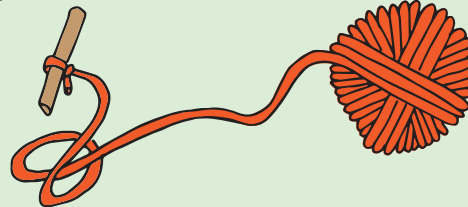
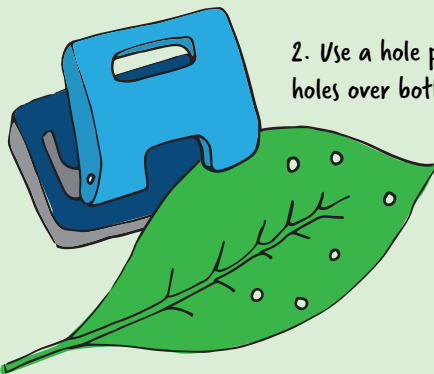
You will need- 1 large leaf, some coloured wool, a hole punch



1. Explore your garden and find a large, thick leaf.



2. Use a hole punch to create a series of holes over both sides of your leaf.

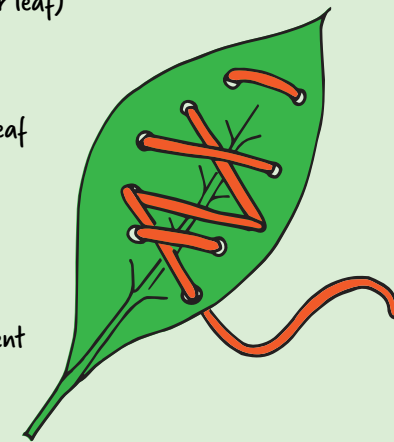


3. Take some coloured wool and tie a stick to one end (this will stop the wool coming through the holes in your leaf)

4. Thread your wool through the holes in your leaf so the stick is at the back.

5. Continue weaving in and out of your holes to make a woven leaf picture.

6. You can add different colours and try a different layout of holes.



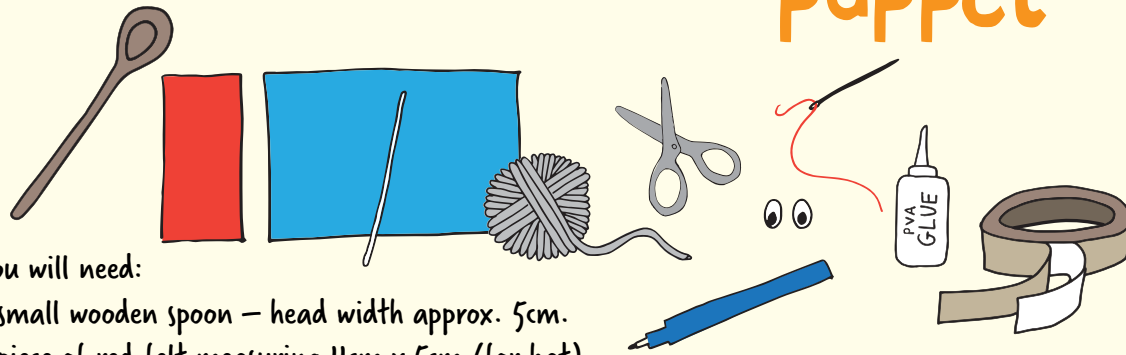
John Craske embroidery



This is one of a number of embroideries by John Craske (born in 1881). It shows a sailing drifter working in the North Sea. Craske was a Norfolk fisherman who began suffering from a serious illness when he was 36 years old. Unable to continue fishing, he began to sew pictures of fishing boats from his sick bed. They would have reminded Benjamin Britten of his childhood in Lowestoft.

You can see this at The Red House

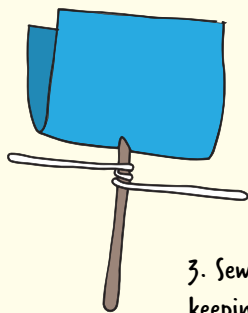
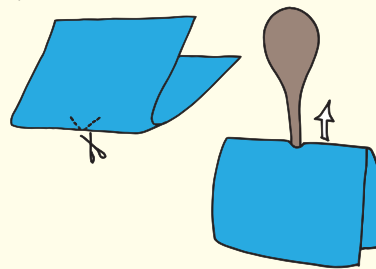
MAkE a wooden spoon puppet



You will need:

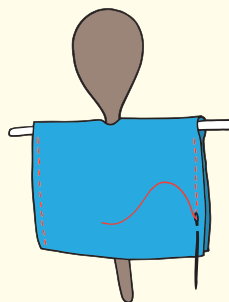
- 1 small wooden spoon – head width approx. 5cm.
- 1 piece of red felt measuring 11cm x 5cm (for hat)
- 1 piece of navy blue felt measuring 23cm x 11cm (for jersey)
- Grey wool, 1 pipe cleaner, Double sided sticky tape, PVA glue, Sewing thread and needle, Googly eyes, Felt tip pens

1. Fold the navy blue piece of felt over to create a square. In the centre of the fold, cut a small cross to create a hole. Push the handle of the spoon through this hole and pull up to the head.



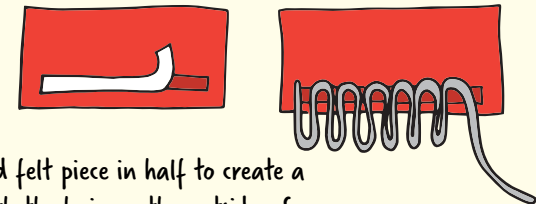
2. Wind the pipe cleaner around the top of the handle to secure the felt and create arms.

3. Sew together the edges both sides of the fold, keeping the bottom free for the handle.



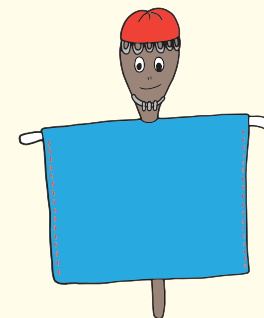
4. To make the hat:

Stick double sided sticky tape to long edge of red felt piece. Take off backing. Stick small lengths of wool to the sticky tape to create hair.



5. Fold red felt piece in half to create a square with the hair on the outside. Sew short edges together.

6. Partially fold it inside out to create a small hat. Use the googly eyes and felt pens to create a face – add a beard, using the wool, if you like



The Town Worthies portrait



This picture is called 'The Town Worthies' and was painted by Thomas Thurlow in 1855. It shows a group of men, most of whom were Aldeburgh ship pilots in Victorian times. They were responsible for guiding ships off the coast to safety. The pilots also acted as lifeboat men and salvage men for smaller sailing vessels passing by Aldeburgh.

You can see this at The Aldeburgh Museum